

NAME IT 2 CHANGE IT BULLYING PREVENTION COMMUNITY INVENTORY

Name of Program	Description (what is it, how long does it take)	Targeted Audience	Cost	Who Delivers?	Contact Information
Roots of Empathy	Roots of Empathy is an evidence-based classroom program that has shown a dramatic effect in reducing levels of aggression among schoolchildren by raising social/emotional competence and increasing empathy. The program runs all year with visits to a classroom each week. The program is carried out by a trained instructor.	School children – JK to Gr. 8 – individual classrooms	\$3000 per school – school only pays once and will continue to receive program every year after that.	Trained instructors on a volunteer basis.	Roots of Empathy Key Point Person: Barb Hickman (519) 426-8048 ext. 205 barb@hnws.on.ca
Emotional Literacy “The Power of Feelings: Parenting With Emotional Intelligence.”	Help your child recognize and use emotions to increase self-awareness and compassion. This is a parent education opportunity – 2 hours in length.	parents	None	Ontario Early Years Centre – Haldimand & Norfolk	Instructor Jennifer Schooley jschooley@hnreach.on.ca (519) 429-2875 ext. 240
STAR (Stop abuse in Relationships) program offers counseling to High School students. Each secondary school has a STAR counselor who visits weekly to the school.	Confidential counseling to students on several unhealthy relationship issues that can lead to sexual abuse, sexual harassment, sexual assault and bullying. A referral or disclosure of information will be provided only by CONSENT of the student.	High School Students	None	Women Services of Haldimand & Norfolk.	Haldimand & Norfolk Women’s Services P.O. box 731, Simcoe ON N3Y 4T2. E-mail is: hnws@hnws.on.ca Website; www.hnws.on.ca
Haldimand & Norfolk Women’s Services	Services provided besides the STAR Program include	Youth ages 4 to 14 who witness	None	Women Services of	Haldimand & Norfolk Women’s Services P.O. box

	Child and Youth Programs and Elementary School Based Counseling.	abuse of their one parent by another.		Haldimand & Norfolk.	731, Simcoe ON N3Y 4T2. E-mail: hnws@hnws.on.ca Website: www.hnws.on.ca
Walk-in Therapy Clinic at Haldimand Norfolk REACH	Provides initial access to therapy services for families with children up to 18 years of age.	Children up to 18 years of age.	None	H-N REACH	REACH, Townsend Ontario. 1-800-265-8087 519-587-2441.
ASIST (Applied Suicide Intervention Skills Training)	Two day training program for various healthcare and social service providers teachers, student peers by a Trained ASIST trainer to gain skills in recognizing when a student is possibly suicidal and then helping them to hook up with professional services.	Student peers in high schools, other support services and healthcare professionals dealing with people of which one aspect may be that they have been bullied and are suicidal.	Schools raise funds to pay for the two day ASIST training once every fall to high school students who have been interviewed by the ASIST trainers as to whether they can handle this role.	ASIST trainers who may be PHNs, School Social and Youth Workers.	Contact HNHU Marilyn Antkiw at 519-426-6170 ext. 3252.
Haldimand Norfolk Health Unit (HNHU) Family Health Team Public Health Nurses in the schools	Confidential counseling for students with issues of bullying. Work along with other support staff such as the School Social worker and Youth Worker and STAR counselor when student has given consent.	Family Health Team PHNs are assigned schools where they go into their assigned High School weekly for counseling and to their elementary	None	Family Health Team PHNs from Haldimand Norfolk Health Unit.	HNHU www.hnhu.org 519-426-6170 or 905 318-6623.

		schools when requested.			
Bullying Presentation - Youth Engagement	Interactive, powerful, motivating presentation from youth to youth	Youth ages 10 +	None	Name It 2 Change It Youth Advisory Committee members	H-N REACH (519) 587-2441 ext. 397
Bullying Presentation - Prevention is the Key - But How?	Interactive Powerpoint presentation, handouts and discussions	Parent groups, staff, community service clubs, interested community groups.	None	Name It 2 Change It	H-N REACH (519) 587-2441 ext. 397
Bullying Presentation - What is bullying?	Powerpoint pre. & handouts & discussion reviewing definitions, strategies, and mental health impact.	Grades 5 through 12, and community presentation as requested.	None	Name It 2 Change It	H-N REACH (519) 587-2441 ext. 397
VIP and bullying prevention support programs	Talk to students about the criminal offences often related to bullying, such as assault, criminal harassment, threatening etc Cyber-bullying is also a topic.	VIP for grade 6, support for grades as needed	None	Norfolk OPP	Norfolk OPP
Forum Theatre	A trained facilitator will meet with students from identified grade (chosen by school) and create a script	Grades 4-8	Cost is specific to each school - will cover facilitator,	H-N REACH	Robyn Sharpe, trained facilitator rsharpe@hnreach.on.ca

	<p>based on their experiences. The script is acted out by students at which time the audience has a chance to participate by answering questions and engaging in answers to issues.</p>		<p>mileage and any materials needed.</p>		
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