

**Take A
Step:**

Cyber Bullying

*extends the reach of bullying
into your home*

Despite what **it** wants you to think, cyber bullying can be stopped and undermined in the same way as other kinds of bullying

Cyber bullying is deleted by:

- Telling if it's happening to you
- Telling if you know it's happening to someone else
- Adults taking action
- Informing your internet service provider or cell phone network provider
- Keeping your information private
- Informing your local police
- Turning off the device



Fast Fact:

Most students' cyber bullied or knowing someone who is cyber bullied choose to be quiet rather than tell an adult.

Use tools to BE SAFE!

Protect your computer and information!

Some easy-to-use tools are firewall programs, anti-virus software and e-mail filters. Some are free, and some may already be located on your computer, ready to be activated.

From www.getnetwise.org



Cyberbullying involves the use of information and communication technologies such as email, phone and pager text messages, instant messaging, defamatory personal web sites, and defamatory personal polling web sites, to support deliberate, repeated, and hostile behaviour by an individual or group, that is intended to harm others.

Bill Belsey www.cyberbullying.ca

Need to talk to someone immediately

1-866-327-3224

24hrs/7 days a week- for Haldimand & Norfolk

Six Nations Child & Family Service Mobile Crises

1-866-445-2204 (24/7)

cybertip.ca

Cybertip.ca handles tips from individuals reporting the online sexual exploitation of children. Please contact them if you have information regarding incidents of child pornography, luring, child sex-tourism, or child prostitution.

More Information
and references:

www.cyberbullying.ca
www.cyberbullying.org
www.getnetwise.org

Remember:

Parents need to stay in close touch with their kids as they explore the Internet.